

### Learn & teach:

- Learn the [vocabulary](#) and [language](#)
- Teach yourself about Anti-Racism through [books, articles, podcasts, films](#) and [more](#) and [more](#)
- Everytime you consume a good resource on racial justice, share it with someone new (maybe someone that you haven't talked about racial justice with yet)
- Sign up for newsletters about anti-racism work ([Historic Events of White Supremacy](#), [Anti-Racism Daily](#))
- Host a teach-in, movie night, or house/zoom meeting on a particular racial justice issue with people in your community and follow-up with a discussion & **action plan**

### Use your money:

- Support black art and culture - and this should include materials other than those directly related to racial justice (movies, music, visual arts, comedy, TV's shows, poetry, books)
- Donate **monthly** to organizations supporting racial justice ([NAACP](#), [SPLC](#), [SURJ](#), [UNCF](#), [By100](#), [Color of Change](#), [The Sentencing Project](#), [EJI](#), [local mutual aid network](#), etc.)
- Buy black-owned ([bookstores](#), [household items](#) (instead of Amazon), [Etsy](#), [restaurants](#), and [more](#))
- Boycott brands that oppose racial justice (ones that [use prison labor](#)) and write a letter to them explaining why you are boycotting
- Donate to political campaigns (or organizations to get [Black women elected](#))
- Move your money to [black banks](#)
- Join this [reparations facebook group](#)

### Advocate:

- In any community you are a part of (workplace, volunteer organizations, friend groups, teams), find out how to prioritize marginalized voices. Also think about intersectionality. Some people are multiply marginalized, because of their race, gender, class, age, sexual orientation, and so forth.
- [Practice calling out](#) racist ideas, statements, jokes, [cultural appropriation](#), [microaggressions](#)
- Show up for a protest or support protesters with supplies (there's a CA organization called 1000 Grandmothers who show up at every climate march with hot chocolate, cookies, and sign-making materials)
- Find [alternatives](#) to [calling the police](#) & film encounters between black people and the police
- Look up [monuments](#), statues, buildings, street names in your local area that celebrate white supremacists and advocate for their removal
- Write to organizations you use (facebook, CNN, banks, schools, etc.) to do business with (see advertisements, invest money, use their products) companies opposing racial justice
- Participate in your local elections (school board, [judges](#), sheriffs, district attorneys, etc.)

- Learn about what's happening in your state legislatures and email/write/call your representatives
- Visit a town council meeting to advocate for a specific policy or ask what they are doing to support racial justice

**Connect with others:**

- Practice active listening with all the POCs (people of color) in your life especially on the issues of racism
- Join our UU anti-racism group!
- Create your own group of like-minded people where you share resources, have discussions, and take action (via email, slack, zoom, in-person meetings)
- Create a [power map](#) of where you can influence change in your communities
- Learn how to have difficult conversations (emotion, facts, passion, meet people where they are at, practice active listening)
- Become a penpal or join an organization supports people prison

**Pick a racial justice issue and find out what local/state/national initiatives are happening to address it:**

- Police reform (qualified immunity, police officer bills of rights, police unions, no-knock warrants, defunding the police)
- Reforming justice system (removing mandatory minimum sentencing, drug policy, cash bail, legalizing marijuana)
- Voting (gerrymandering, voter suppression, statehood for D.C. and Puerto Rico, national holiday on election day, ban voter ID laws, ease voter registration process, support early voting & vote-by-mail)
- Prison reform (mass incarceration, private prisons, solitary confinement, forced labor, abolition of the death penalty)
- Rights for ex-felons (abolish the box, restoration of voting rights)
- Re-writing history (school curriculum, confederate monuments)
- Schools segregation (school funding, gifted programs, entry exams/applications)
- Fair housing policies
- Houselessness
- Reparations

There is not one \*right\* way to show up for anti-racism work and racial justice. What is most important is being willing to learn, showing up, and putting in the work. Don't worry about having all the expertise - try new ways to push these issues forward, shift tactics when necessary, and remind yourself that a better world is possible.