

September 7, 2025

If your compassion does not include yourself, it is incomplete. ~ Buddha

Welcome & Today in Religious Education

Prelude	Breakfast Club	<i>"Lovely Day" – Bill Withers (B Club)</i>
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Greeting One Another

Kindling the Flame of Community

We light this chalice for the warmth of welcome, the light of hope, and the fire of service.

Opening Words Rev. Scott Tayler

Opening Hymn *#131, Love Will Guide Us*

Time for All Ages *Hedgehogs Don't Wear Underwear, Marissa Valdez*

Singing the Children to their Classes *Reeb's Children Benediction*

Opportunities to Engage

Receiving the Offering *½ Plate Recipient: [Instill Mindfulness](#)*
[Donate online](#), Text “Fund” to 844-909-2617, or use the Vanco Mobile App

Offertory *“Wise One” – John Coltrane*

Accepting the Offering #402, From You I Receive

Sharing Our Joys & Sorrows *submit your joy or sorrow to be read aloud [here](#)*

Candles of Hope and Remembrance

Meditation

Meditation Hymn *Coming Home*

Reading Brené Brown

Sermon *Belonging to Ourselves*

Closing Song **Breakfast Club** *“Unwritten” – Natasha Bedingfield*

Benediction and Extinguishing Chalice

Minister: Rev. Pam Philips; Worship Associate: Gretchen Luke

Director of Lifespan Faith Development: Rachel Craine

Music Director: Jared Gibbs; Songleader: Wayne Neu; Flowers: Polly Stimson; A/V Tech

Sanctuary Greeters: Steve Keighton, Ashley Dugan, Josh Dugan, Lisa Evanylo, René Lowry

Zoom Greeter: Akiko Nakata & Toni Cox

Our Mission

Inspire spiritual and ethical growth.

Create *compassionate community.*

Transform our community and the world through courageous love.

Land Acknowledgement:*The Tutelo/Monacan people are the traditional custodians of the land on which we work, live, and worship. We recognize their continuing connection to the land, water, and air that we consume. We pay respect to the Tutelo/Monacan Nations, and to their elders past, present, and emerging.*

UUC Covenant

We covenant to create a place of respect and kindness, and to build a spiritual community based on reason and courageous love.

We will listen to one another respectfully, assume good intentions, use the power of our words with care, express gratitude, honor our differences, help one another, and welcome all.

We will communicate directly, honestly, and compassionately. When we hurt one another, we will forgive, make amends, and re-connect.

While we celebrate the words of our Mission Statement, and of this covenant, we affirm that our mission lives through our actions.

Opportunities this Week

- Men's Breakfast, Monday at 7:00 am & Women's Breakfast, Monday at 7:30 am (UUC)
- Surviving Spouses, Tuesday at 2:00 pm (Library)
- Inspired Elders, Tuesday 3:00pm - 4:30pm (Room 3)
- Meditation, Tuesday at 5:00 pm ([Zoom](#))
- Caregivers Support Group, Tuesday at 7:00 ([Zoom](#) - Contact caregiversupport@uucnr.org for more information)
- UUYA's - UU Young Adults, Tuesday at 7:00 pm (Elarth)
- Conversations on our Faith, Wednesday at noon ([Zoom](#))
- Yoga, Wednesday at 5:30 pm (Elarth)
- Board Meeting, Thursday at 7:00 pm (Library)
- Women's Lunch, Friday at noon (contact [Cynthia Luke](#))
- Community Game Night, Saturday at 6:00 pm (Elarth)
- Second Sunday Potluck, NEXT Sunday after the service, bring a dish to share.