## **Order of Service**

October 19, 2025

If your compassion does not include yourself, it is incomplete. ~Jack Kornfield

Prelude in C Major, Op.28, no.1 — Chopin

Welcome, Today in Religious Education & Greeting One Another

**Kindling the Flame of Community** 

We light this chalice for the warmth of welcome, the light of hope, and the fire of service.

**Opening Words**Rev. Erika Hewitt

**Opening Hymn** #361, Enter, Rejoice and Come In

**Time for All Ages**I Am Love: A Book of Compassion, Susan Verde

**Singing the Children to their Classes**Reeb's Children Benediction

**Receiving the Offering**Shared Offering Recipient:

Donate online, Text "Fund" to 844-909-2617, or use the Vanco Mobile App

**Offertory** *Prelude in D Major, Op.28, no.15 — Chopin* 

Accepting the Offering #402, From You I Receive

**Sharing Our Joys & Sorrows** submit your joy or sorrow to be read aloud <u>here</u>

**Candles of Hope and Remembrance** 

**Meditation** Prayer for Cultivating Compassion for Oneself, Rev. Michelle Collins

Meditation Hymn #1002, Comfort Me

**Reading** Self-Compassion, Rosemerry Wahtola Trommer

**Sermon** Playing Nice with Me, Myself, and I

**Sermon Reflection** "Ordinary World" — Duran Duran

Closing Song #128, For All that is Our Life

**Benediction and Extinguishing Chalice** 

**Postlude** 

Minister: Rev. Pam Philips; Worship Associate: Britton Gildersleeve; Music Director: Jared Gibbs Director of Lifespan Faith Development: Rachel Craine; LFD Assistant: Jocelyn Hildenbrand Chalice Lighter: Circe Roberts; RE Announcements: ; Songleader: Wayne Neu;

Flowers: Gretchen Luke; Snacks: Lay Pastoral Care Ministry

Sanctuary Greeters: Beth McClellan, Jon Thomas, Crosby Houston, Rami Steinruck, Lisa Evanylo Zoom Greeters: KC Arceneaux & Akiko Nakata

## **Our Mission**

Inspire spiritual and ethical growth.
Create compassionate community.
Transform our community and the world through courageous love.

Land Acknowledgement: The Tutelo/Monacan people are the traditional custodians of the land on which we work, live, and worship. We recognize their continuing connection to the land, water, and air that we consume. We pay respect to the Tutelo/Monacan Nations, and to their elders past, present, and emerging.

## **UUC Covenant**

We covenant to create a place of respect and kindness, and to build a spiritual community based on reason and courageous love.

We will listen to one another respectfully, assume good intentions, use the power of our words with care, express gratitude, honor our differences, help one another, and welcome all.

We will communicate directly, honestly, and compassionately. When we hurt one another, we will forgive, make amends, and re-connect.

While we celebrate the words of our Mission Statement, and of this covenant, we affirm that our mission lives through our actions.

## **Opportunities this Week**

- Men's Breakfast, Monday at 7:00 am & Women's Breakfast, Monday at 7:30 am (UUC)
- Sages, Tuesday at 2:00 pm (Library)
- Inspired Elders, Tuesday 3:00pm 4:30pm (Room 3)
- Meditation, Tuesday at 5:00 pm (<u>Zoom</u>)
- Men's Group, Tuesday at 6:00 pm (Offsite, contact Graham Glynn)
- UUYA's UU Young Adults, Tuesday at 7:00 pm (Elarth)
- Conversations on our Faith, Wednesday at noon (<u>Zoom</u>)
- Yoga, Wednesday at 5:30 pm (Elarth)
- Women's Lunch, Friday at noon (contact Cynthia Luke)
- Annual Auction: Let the Good Times Roll, Saturday at 5:00 pm
  - Register and start online-bidding today!

