

Lay Pastoral Care Ministry

More information about Lay Pastoral Care can be found on our website at <https://uucnrva.org/connect/lay-pastoral-care/>

We also provide a social contact as a Friendly Visitor on a monthly basis for those who are less able to attend UUC events.

(UUC also has a Caring Network which provides transportation and meals when needed. Contact caring@uucnrva.org for more information.



Our Mission:

Inspire.

Create.

Transform.

Inspire spiritual and ethical growth.

Create compassionate community.

Transform our community and the world through courageous love.



It is so hard to admit that I am hurting and then be able to ask for help. Talking in a trusting relationship can help me tap into my strengths and my soul.

Anonymous

Help us to be the always hopeful gardeners of the spirit who know that without darkness nothing comes to birth, as without light nothing flowers.

May Sarton (1912-1995), Novelist, Poet

It takes two to speak the truth --- one to speak, and the other to hear.

Henry David Thoreau (1817-1862), Philosopher

I feel the capacity to care is the thing which gives life its deepest significance.

Pablo Casals (1876-1973), Cellist, Conductor

Lay Pastoral Care Ministry
Unitarian Universalist Congregation
Blacksburg, VA 24060

LAY PASTORAL CARE MINISTRY (LPCM)



Providing a listening presence.

UUC Lay Pastoral Care Ministry— A Caring Presence



Why Lay Pastoral Care?

- ☉ Sometimes you just need to know someone cares.
- ☉ A listening presence for congregants builds a more compassionate and vital community.
- ☉ Caring for one another through courageous love helps to transform our community and the world.

What is Lay Pastoral Care?

Sometimes, each of us needs more than just words of encouragement or a hug from a friend, and in a congregation our size it is not always possible for the minister to provide pastoral care for each member/friend in need. This is especially true with care that is required over an extended period of time.

A group from the Unitarian Universalist Congregation (UUC) developed a LAY PASTORAL CARE MINISTRY (LPCM) in 2011.

The goal is to provide a confidential, sustained ministry of hope and caring so that no member/friend of the congregation need suffer or struggle alone through life's hard times.

Who Are the Lay Pastoral Care Ministry Associates?

- ☀ Associates are volunteers from our congregation and are selected, trained, and supervised by our UUC Minister and commissioned by the Congregation.
- ☀ Team members serve as an extension of our UUC Minister. They are trained in compassionate listening and caring presence.
- ☀ Associates are available for those who would welcome a visit, or for those who are experiencing difficult circumstances or times of transition and could use some confidential on-going support.



How does one access Lay Pastoral Care services?

Contact our Minister (minister@uucnr.org or 540-552-9716 or the Lay Pastoral Facilitators (LPCM@uucnr.org).

After a request is received, the Lay Pastoral Care Facilitator will call the member/friend and describe the Lay Pastoral Care Program. The member/friend can then determine if this support would be helpful.

A concerned friend may also suggest that the Lay Pastoral Care Facilitator contact a person in need.