

COVENANT

- I will use I statements.
- I will speak my own truth.
- I will learn to welcome discomfort.
- I will practice mindful listening.
- I will acknowledge the journey that each of us in the group is on and recognize that we might be in different places.
- I will stay focused on race, except where the intersection with other oppressions is important.
- I will hold myself and others accountable... with love.
- I will not share personal stories I hear here, unless I get permission from the owner to share them.