

# BLESSING MENU

WHAT DO YOU CALL THE DIVINE OR SACRED?

God	Earth	Spirit of Life	Sun
Allah	Science	Father	Moon
Jesus	Goddess	Mom	Water
LOVE	Quantum Physics		

NAME: \_\_\_\_\_ Pronoun: She/ He /Ze /They

PLEASE HELP US SHAPE YOUR BLESSING  
BY CHOOSING ANY 3 OR ADD YOUR OWN.

HEALING BLESSINGS	
Emotional Pain	Physical Pain
Illness	Grief
Rejection	Abuse
Abandonment	Assault
Write In:	
FORGIVENESS BLESSINGS	
Harm to Self	Friends
Harm of Others	Self
Family	Others
Write In:	
EXPERIENCE BLESSINGS	
Abundance	Being Good
Love	Doing Good
Grace	Humility
Patience	Calm
Joy	Clarity
Faith	Freedom
Self-Awareness	Justice
Peace of Mind	Strength
Gratitude	

Designed by Kimberlee Tomczak Carlson

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# OPTIONAL

**Help Us Know Who We Blessed Today  
So We Can Help More People.**

<b>Sex Orientation:</b>	
<b>Race:</b>	
<b>Age:</b>	
<b>Member of Church or Faith Community?</b>	<b>Yes/ No</b>
<b>Seeking Church or Faith Community?</b>	<b>Yes/No</b>

**PLEASE CIRCLE ITEMS THAT INTEREST YOU.**

<b>Faith Formation</b>	<b>Rituals/Cermony:</b>
Spiritual practice	Wedding/Commitment
Theology	Adoption
Mediation	Funeral
Prayer	Divorce
Study Group	Child Blessing
Small Group Ministry	Memorial Service
Family Worship	Handfasting

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