HomeLink 9

CONSENT AND PEER PRESSURE

With another person in your family, take turns practicing asking permission to do something and responding in ways that communicate "yes," "no," and "maybe." You might ask to get your nose pierced, go on a wild vacation, watch an R-rated movie, get a new pet, or shave off all or part of your hair. Make some of your requests to do things together, such as going on a walk, sharing hugs, or getting in a tickle fight. Compete to see how many different ways the person being asked can give consent or refuse. Talk about what makes it easy or difficult to talk about consent.

Take It to the Next Level!

Watch a movie that has a romantic storyline, and discuss how the characters seek and give consent, or how they don't. Suggested films are *The Princess and the Frog*, *The Little Mermaid*, *The Preacher's Wife* (PG), *Pride and Prejudice*, *The Hundred Foot Journey* (PG), *Letters to Juliet* (PG), *Seven Brides for Seven Brothers*, *Never Been Kissed* (PG-13), *Floored by Love* (NR, 2005), and *Juno* (PG-13).

Peer Pressure

Peer pressure happens in many ways, and there are many things that people can do in order to stay true to their own values and decisions. With a parent/care-giver or trusted adult, watch a YouTube video on peer pressure called "PSA Peer Pressure," by Karla Santiago and Adriana Diaz.

Discuss how you can do the things suggested in the video and how these tips can help someone handle peer pressure in their life.

Word Bank Words for Workshop 9

CONSENT: Agreement to do something, either given or received. It is sometimes given with words and sometimes with actions.

REFUSAL: Unwillingness or choosing not to do something. It is sometimes indicated with words and sometimes with actions.

PEER PRESSURE: Social pressure from one's peer group to take a certain action.

Reading for Workshop 10

Read Part 6: Staying Healthy, Section 29, Responsible Choices (pages 90–92), in *It's Perfectly Normal*, twentieth anniversary edition (note that page numbers vary by edition).