

HomeLink 8

WORKSHOP 8

DECISIONS AND ACTIONS

Gather at least three people—family members or friends—and pretend that you are going to order pizza. You must all agree on three toppings you will have on the pizza. But before actually making the decision, make a plan for how you will decide. You might decide to vote on toppings, or you might decide that everyone has to agree on all the toppings. Or you might decide that each person can pick one topping no matter what the others want, or that each person can veto one. Once you've chosen a plan, use it to decide what you will order, and then discuss these questions:

- What strategies did you use to make the decision on toppings?
- Were the same things important to everyone?
- Was everyone happy with the final decision? Why or why not?
- What was challenging about doing this?
- How do you think this activity could relate to making decisions with someone about what you do and don't want to do with your body? Might there be the same types of challenges—that not everyone wants the same thing?
- How do you think you would handle these challenges in that situation?
- How would it be the same as or different from deciding on a pizza?

Word Bank Words for Workshop 8

MASTURBATION: Touching or rubbing one's own genitals for pleasure.

PORNOGRAPHY: Photographs or videos of people engaging in sexual activity, created as entertainment for adults, not as educational material. It is adult entertainment and does not reflect healthy relationships and sexual interactions.

Reading for Workshop 9

Read Part 6: Staying Healthy, Section 25, Talk about It (pages 80–82), and Section 29, Responsible Choices (pages 90–92), in *It's Perfectly Normal*, twentieth anniversary edition.