

HomeLink 2

WORKSHOP 2

IMAGES IN POPULAR CULTURE

Choose a TV show, movie, or video clip that you like, and watch it with a parent/caregiver. Talk together about things you notice that are related to things you have discussed in the Our Whole Lives program (relationships, bodies, being healthy, communication, attraction, etc.). Ask each other:

- What is one positive thing you noticed?
- What is one negative thing you noticed?
- How could you change the negative thing into a positive thing?

Take It to the Next Level! (Optional)

If you have a camera or smartphone, create a short video about changing the negative thing you found to a positive one. Do this in the form of a role-play or skit.

Word Bank Words from Workshop 2

MEDIA LITERACY: A person's ability to think about what they see in the media and decide whether it is healthy. It is also a person's ability to create media that support their values. Media include TV, websites, social media, magazines and newspapers, billboards, radio, and other ways we get news and information. Literacy is the ability to read, write, and make meaning of that information.

Reading for Workshop 3

Read Part 2: Our Bodies, Section 6, The Human Body (pages 12–15), in *It's Perfectly Normal*, twentieth anniversary edition (note that page numbers vary by edition).