



NO! GO! TELL! RULES

Dear Parents,

Our class has been discussing bodily privacy and sexual abuse prevention. After hearing the story Pamela Needs Help, we talked about these No! Go! Tell! rules.

NO! Say no to the person. NO, don't touch me. NO!

GO! Run away. Leave. GO!

TELL! Go tell someone you trust, like a family member, teacher, or minister. You must TELL!

Reread and practice these rules until you are sure your child knows what to do in an abusive situation. Refer to the journal page where your child has named three trusted adults she/he would go to for help.

Ask your child why she/he chose these individuals. Is there someone else you would like your child to know she/he can trust?

